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Swingy Accessories

Designed by Brigitte Elliot for skacel collection, Inc.

Make your knitting SWING with a short-row knitting technique imported from Europe. Perfected by Heidrun Liegmann and popularized by Brigitte Elliott in the United States, Swing-Knitting is like knitting music. Using one color at a time to keePbeat with a "melody," you'll knit defined areas called "stanzas." This kind of knitting is simultaneously exciting and relaxing--it just swings! Once you master the technique, you can easily add the swing knitting effect to any project. Instructions are included for knitters who are familiar with using the short-row formula, or melody. For knitters who are not familiar with the formula, simple, concise steps are written to enable any knitter to follow the pattern with ease.



SIZE and MATERIALS:

Finished Measurements:

Scarf: 60" long (not including fringe) and 8" wide

Cowl: 40" around and 8" wide

Featured Yarn: Zitron *Zeitlos Multi* and *Zeitlos Solid* (100% extrafine merino superwash with rose oil); 262 yds / 100g. One hank each of two colors. **Scarf shown:** Multi #003 (MC) Solid #130 (CC); **Cowl**

shown: Multi #004 (MC) Solid #140 (CC).

addi® Needles:

Two (2) 5 mm (approx US 8) / 16" circular needles 5 mm (US H) crochet hook or size needed to obtain gauge Additional Notions: 12 locking ring stitch markers, 6 each in a dark color (D) and a light color (L) or safety pins (see notes); tapestry needle.

GAUGE: 15 sts + 25 rows = 4" in Garter Stitch

TECHNIQUES:

Bubble bullets are provided as a tool to check off each step in the instructions.

A **Double Stitch** (**Dbl st**) is your new best friend. When the pattern asks you to *Dbl St*, you must have already stopped and turned your worKto the other side. The working yarn should now be attached to the first stitch on the left needle. Make sure the working yarn is forward, facing you. Transfer the first stitch on your left needle to your right needle. Take the working yarn (which is now attached to the first stitch on your right needle) and pull the yarn down over the back of the right needle. Give it a snug tug (if it is not snug, you will not get a smooth result). This produces two "bunny ears" or, a Double Stitch.

RULE: When you are knitting, always knit the "bunny ears" (the double stitch) as one stitch!

The FORMULA, aka MELODY 10/1, 2, 3, 4

The basic swing-knitting formula or melody is written in Blue text. Light (L) and dark (D) stitch markers or safety pins are required, 6 of each.

For those who are NOT familiar with the swing-knitting concepts of formula or melody, guided instructions for initiating and knitting short rows appear in black.

INSTRUCTIONS:

Using the circular knitting needle, the crochet hook, and waste yarn, cast on 33 sts using a crocheted provisional cast on.

BEGIN knitting by using your variegated yarn. The knitted row will enable the smooth transfer of stitches for the Kitchener stitch when joining the ends together. If you do not knit this row and instead begin at Field #1, the double stitches will create a difficult, inaccurate transfer of stitches.

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First Row: P1, K31, K1 tbl

Field #1: Begin RS field at 11 sts.

- o P1, K10; turn; Dbl St; K9, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- P1, K13; turn; Dbl St; K12; K1 tbl
- o P1, K16, turn; Dbl St; K9, turn;
- Dbl St; K13; turn; Dbl St; K9; turn;
- Dbl St; K20; K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

12 D 4 D 3 D 2 D 5 L 7

Furrow #1: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #2: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K11; turn; Dbl St; K10, K1 tbl
- P1, K12; turn; Dbl St; K11, K1 tbl
- P1, K14; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K7; turn;
- Dbl St; K10; turn; Dbl St; K6; turn;
- o Dbl St: K19. K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 3 D 4 D 1 L 2 L 6 D 5 L 7

Furrow #2: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #3: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K4; turn; Dbl St; K3, K1 tbl
- o P1, K5; turn; Dbl St; K4, K1 tbl
- P1, K7; turn; Dbl St; K6, K1 tbl
- P1, K10; turn; Dbl St; K9, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

11 L 2 L 2 L 6 D 5 L 7

Furrow #3: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn leaving a 6" tail.

Field #4: Knit RS field. Begin at the single light marker on the right instead of the three on the left.

With variegated yarn,

- P1, K6; turn; Dbl St; K5, K1 tbl
- P1, K7; turn; Dbl St; K6, K1 tbl
- o P1, K9; turn; Dbl St; K8, K1 tbl
- o P1, K12; turn; Dbl St; K11, K1 tbl
- P1, K16; turn; Dbl St; K9; turn;
- o Dbl St; K24, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

11 L 2 L 2 L 1 D 4 D 1 D 2 D 2 D 1 L 7

Furrow #4: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #5: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K15; turn; Dbl St; K9; turn;
- o Dbl St; K10; turn: Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K8; turn;
- Dbl St; K9; turn; Dbl St; K7; turn;
- o Dbl St; K18, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

6 D 1 D 2 D 6 L 2 L 2 L 4 D 2 D 1 L 7

Furrow #5: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #6: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- o P1, K5; turn; Dbl St; K4, K1 tbl
- o P1, K6; turn; Dbl St; K5, K1 tbl
- o P1, K8; turn; Dbl St; K7, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- P1, K15; turn; Dbl St; K9; turn;

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o Dbl St; K25, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

6 D 6 L 3 L 1 L 1 L 2 L 4 D 2 D 1 L 7

Furrow #6: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #7: Knit RS field.

With variegated yarn,

- o P1, K13; turn; Dbl St; K12, K1 tbl
- o P1, K14; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K8; turn;
- Dbl St; K9; turn; Dbl St; K5; turn;
- o Dbl St; K19, K1 tbl
- P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

6 D 6 L 7 D 2 L 2 D 3 L 1 L 1 L 5

Furrow #7: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #8: Knit RS field.

With variegated yarn,

- o P1, K4; turn; Dbl St; K3, K1 tbl
- o P1, K5; turn; Dbl St; K4; K1 tbl
- \circ P1, K6; turn; Dbl St; K5, K1 tbl
- o P1, K10; turn; Dbl St; K9, K1 tbl
- P1, K11; turn; Dbl St; K10, K1 tbl
- o P1, K31, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 6 D 6 L 7 D 3 D 1 D 10

Furrow #8: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #9: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K18; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K9; turn;

- Dbl St; K10; turn; Dbl St; K7; turn;
- Dbl St; K11; turn; Dbl St; K7; turn;
- o Dbl St; K12, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 6 D 3 D 1 D 9 D 1 L 7 L 6

Furrow #9: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #10: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K5; turn; Dbl St; K4, K1 tbl
- o P1, K6; turn; Dbl St; K5, K1 tbl
- o P1, K8; turn; Dbl St; K7, K1 tbl
- o P1, K9; turn; Dbl St; K8, K1 tbl
- o P1, K13; turn; Dbl St; K12, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 7 L 7 L 5 D 1 L 7 L 6

Furrow #10: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #11: Knit RS field. Begin this field at the set of two light markers on the right.

With variegated yarn,

- o P1, K5; turn; Dbl St; K4, K1 tbl
- P1, K6; turn; Dbl St; K5, K1 tbl
- o P1, K8; turn; Dbl St; K7, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- $\circ \qquad \text{P1, K12; turn; Dbl St; K11, K1 tbl} \\$
- o P1, K31, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 7 L 7 L 5 D 2 D 3 D 2 D 7

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Furrow #11: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #12: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- o P1, K18; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K9; turn;

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- Dbl St; K10; turn; Dbl St; K8; turn;
- Dbl St; K11; turn; Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K7; turn;
- o Dbl St; K13, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 7 L 2 D 1 D 2 D 6 D 2 L 13

Furrow #12: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #13: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K8; turn; Dbl St; K7, K1 tbl
- o P1, K9; turn; Dbl St; K8, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- P1, K14; turn; Dbl St; K9; turn;
- Dbl St; K13; turn; Dbl St; K9; turn;
- o Dbl St: K22. K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 2 L 2 D 6 L 3 D 1 L 1 L 13

Furrow #13: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #14: Knit RS field.

With variegated yarn,

- o P1, K12; turn; Dbl St; K11, K1 tbl
- P1, K13; turn; Dbl St; K12; K1 tbl
- o P1, K15; turn; Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K8; turn;
- Dbl St; K12; turn; Dbl St; K8; turn;
- o Dbl St; K18, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 2 L 2 D 2 D 6 D 1 D 2 L 4 L 3 L 6

Furrow #14: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #15: Knit WS field.

With variegated yarn,

o P1, K31, K1 tbl

P1, K8; turn; Dbl St; K7, K1 tbl

- o P1, K9; turn; Dbl St; K8, K1 tbl
- P1, K10; turn; Dbl St; K9, K1 tbl
- o P1, K13; turn; Dbl St; K12, K1 tbl
- o P1, K16; turn; Dbl St; K9, turn:
- o Dbl st, K24, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 5 L 4 L 4 D 2 L 4 L 3 L 6

Furrow #15: RS - With solid colored yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #16: Knit RS field.

With variegated yarn,

- o P1, K5; turn, Dbl St; K4, K1 tbl
- o P1, K6; turn; Dbl St; K5, K1 tbl
- P1, K8 turn; Dbl St; K7, K1 tbl
- o P1, K11; turn; Dbl St; K10, K1 tbl
- o P1, K12; turn; Dbl St; K11, K1 tbl
- o P1, K31, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 5 L 4 L 4 D 3 D 5 D 7

Furrow #16: RS - With solid colored yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #17: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K17; turn; Dbl St; K9; turn;
- Dbl St; K10; turn; Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K10; turn;
- $\circ \hspace{0.5cm} \text{Dbl St; K13; turn; Dbl St; K10; turn;} \\$
- Dbl St; K12; turn; Dbl St; K11 turn;
- o Dbl St; K17, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 3 D 1 D 4 D 6 L 5 L 9

Furrow #17: RS - With solid yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

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Field #18: Knit WS field. Begin at group of dark markers on left.

With variegated yarn,

- o P1, K31, K1 tbl
- P1, K4; turn; Dbl St; K3, K1 tbl
- P1, K5; turn; Dbl St; K4, K1 tbl
- P1, K7; turn; Dbl St; K6, K1 tbl
- o P1, K8; turn; Dbl St; K7, K1 tbl
- P1, K12; turn; Dbl St; K11, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 6 L 13 L 5 L 9

Furrow #18: RS - With solid yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #19: Knit RS field.

With variegated yarn,

- P1, K8; turn; Dbl St; K7, K1 tbl
- P1, K9; turn; Dbl St; K8, K1 tbl
- P1, K11; turn; Dbl St; K10, K1 tbl
- P1, K13, turn; Dbl St; K12, K1 tbl
- o P1, K17; turn; Dbl St; K9; turn;
- o Dbl St; K23, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 6 L 9 D 6 D 2 D 2 L 8

Furrow #19: RS - With solid yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #20: Knit WS field.

With variegated yarn,

- o P1, K31, K1 tbl
- $\circ \qquad \text{P1, K14; turn; Dbl St; K9; turn;} \\$
- Dbl St; K10; turn; Dbl St; K9; turn;
- Dbl St; K11; turn; Dbl St; K9; turn;
- Dbl St; K12; turn; Dbl St; K9; turn;
- $\circ \qquad \text{Dbl St; K11; turn; Dbl St; K7; turn;} \\$
- Dbl St; K16, K1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 3 D 3 D 5 L 2 L 3 L 4 L 8

Furrow #20: RS - With solid yarn,

- o Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Cut solid yarn, leaving a 6" tail.

Field #21: Knit RS field. Remove markers at (*). The field must be modified to finish the fabric evenly.

With variegated yarn,

- P1, K7(*); turn; Dbl St; K6, K1 tbl
- o P1, K11(*); Turn; Dbl St; K10, K1 tbl
- o P1, K14(*); turn; Dbl St; K13, K1 tbl
- o P1, K31, K1 tbl
- o P1, K31, K1 tbl

Leave variegated yarn attached.

End with the following marker positions: 5 D 3 D 3 D 5 L

Furrow #21: With solid yarn,

- Row 1 (P1, K31, K1 tbl)
- o Row 2 (P32, K1 tbl)

Leave solid yarn attached.

Field #22: Knit WS field. Remove markers at (*).

With variegated yarn

- o P1, K31, K1 tbl
- o P1, K4(*); turn; Dbl St; K3, K1 tbl
- P1, K7(*); turn; Dbl St; K6, K1 tbl
- P1, K10(*); turn; Dbl St; K9, K1 tbl
- o P, 1, K31, K1 tbl

Cut variegated yarn, leaving a 6" tail.

Remove remaining L markers and leave variegated yarn attached.

Furrow #22: RS - Knit partial furrow with solid colored yarn:

o Row 1 (P1, K31, K1 tbl)

STOP!

For Cowl:

Repeat Fields/Furrows 1 - 22 once more for a total of 2 repeats, or approximately 40".

Measure 3 times the width of the fabric and cut your solid color yarn. Thread the yarn through the eye of the tapestry needle. Undo the provisional cast on by placing the stitches on the **second circular needle**. With wrong sides together and right side facing you, make sure the needle points are pointing to the right. Using the Kitchener Stitch, connect the live stitches from the two ends of the fabric together, creating a tube. The Cowl shown was finished with single crochet on the edges.

For Scarf:

Repeat Fields/Furrows 1 - 22 twice more for a total of 3 repeats, or approximately 60".

To finish Scarf with a *Leaf Fringe* (as shown in photo), leave variegated yarn attached then the last row of pattern is complete.

Leaf Fringe:

*With solid yarn, knit 3 sts and return them to the left needle. Knit 4 more rows in the same manner, pulling yarn tight across back to form I-Cord. Begin **Leaf Fringe** as follows:

Row 1: Kfb, p1, kfb (5 sts).

Row 2: Knit.

Row 3: Kfb, k1, p1, k1, kfb (7 sts).

Row 4: Knit.

Row 5: Kfb, k2, p1, k2, kfb (9 sts).

Row 6: Knit. Row 7: K4, p1, k4. Row 8: Knit.

Rows 9 - 14: Rep Rows 7 - 8 three times.

Row 15: K1, k2tog, k1, p1, k1, k2tog, k1 (7 sts).

Row 16: Knit.

Row 17: K1, k2tog, p1, k2tog, k1 (5 sts).

Row 18: Knit.

Row 19: K2tog, p1, k2tog (3 sts).

Row 20: Knit. **Row 21:** K3tog.

Cut yarn and draw through rem st *.

Using variegated yarn, BO 3 sts. Using solid yarn, rep from * to * until all sts are bound off. Artistic liberty may be applied by knitting some leaves in variegated yarn, or by knitting longer I-Cord stems. Rep Leaf Fringe on opposite end by unpicking provisional cast on and remounting sts on needle. Finished leaves have a tendency to curl, but can be steam blocked open.

ABBREVIATIONS:

approx approximate(ly)Dbl st double stitch

Dpn double pointed needles

Field a curvy area created with short rows

Furrow an area knitted to separate and delineate the fields

K knit

kfb knit one stitch in the front and back loop of one stitch (one

stitch increased) through back loop

tbl throughP purl

rep(s) repeat(s)

RS Right Side / front side

st(s) stitch(es)

WS Wrong Side / backside



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